



In vitro Antioxidant and Anticancer Activity of Cyanobacteria

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Authors' contributions

This work was carried out in collaboration between all authors. All authors read and approved the final manuscript.

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ABSTRACT

Some cyanobacteria have therapeutic properties related to anticancer, antioxidant and antibacterial activity. The aim of the present study was to determine the polyphenol content together with antioxidant and anticancer activity against Ehrlich Ehrlich Ascites Carcinoma cell line *in vitro* of *Anabaena oryzae*, *Calothrix marchica* and *Spirulina platensis*, selecting the best alga for further investigations. The results indicate that methanol extracts of *S. platensis* has the greatest polyphenol content, together with the highest antioxidant and anticancer activity *in vitro* followed by *A. oryzae* and *C. marchica* respectively. Based on gas chromatography/mass spectrometry analysis of *S. platensis* methanol extract show that the most dominant content was octadecenoic acid methyl ester (ω -9).

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Keywords: *Cyanobacteria*; *Spirulina platensis*; antioxidant; polyphenol content; Ehrlich Ascites Carcinoma cell line (EAC).

1. INTRODUCTION

Cancer is one of the most prevalent and relevant disease entity in populations of many countries worldwide [1]. Cancer represents a group of diseases characterized by uncontrolled cellular proliferation and differentiation [2]. Researches had been more attentive to natural product compounds in plants, marine organisms and microorganisms for cancer treatments [3]. Cyanobacteria are organisms that have some characteristics of bacteria and some of the algae [4]. Cyanobacteria are a prominent source of secondary metabolites [5]. Secondary metabolites play a major role in protection against insects, diseases, and many pathogens [6]. Cyanobacteria can produce many substances with anticancer, antifungal and antimicrobial effects [7]. *Anabaena oryzae* possesses bioactive compounds with antibacterial activities [8]. *Anabaena* sp and *Calothrix* sp are strains with antioxidant activities [9] *Spirulina platensis* has wide healthy benefits such as reduction in cholesterol levels, protection against allergies, and antiviral and anticancer activity [10]. *Spirulina platensis* contains ω -3 and ω -6 polyunsaturated fatty acids, provitamins and phenolic compounds [11]. Dietary supplementation with *S. platensis* is helpful in the prevention and treatment of atherosclerosis, diabetes, and cancer [12]. Dillon et al. [13] reported that *Spirulina platensis* is important for human nutrition due to the presence of polyunsaturated fatty, (ω -3 and ω -6), provitamins and phenolic compounds. *Spirulina platensis* is non toxic and has no side effects [14]. Cyanobacteria can produce secondary metabolites that have been shown to possess antibacterial, antifungal and anticancer activity [15]. Cyanobacteria have cytotoxic effects against eight cancer cell lines [16].

The aim of the present study was to investigate the antioxidant and anticancer activity of blue green algae, evaluating also their phenolic content and chemical composition.

2. METHODOLOGY

2.1 Algae

The algae *A. oryzae*, *C. marchica* and *S. platensis* were taken from microbiology

laboratory, Genetic Engineering and Biotechnology Research Institute (GEBRI), University of Sadat City, Sadat City Egypt.

2.2 Cultivation of Algae

The Cyanobacteria *A. oryzae* and *C. marchica* were grown in 500 mL Erlenmeyer flasks containing 200 mL of BG11 medium. *S. platensis* was grown in Erlenmeyer flasks containing 200 mL Zarrouk's medium. The flasks were incubated under natural day and night at $25\pm 1^\circ\text{C}$ for 20 days. Then algae were centrifuged, washing with distilled water three times and dried at 70°C until constant weight [17].

2.3 Algae Extraction

Dry algae were soaked three times with 100 mL of methanol for 48hrs. After filtration methanol was evaporated and kept in freezers until use.

2.4 Evaluation of Antioxidant Activity *In vitro* by Determination of the Scavenging Capacity against the Stable Free Radical 2,2-diphenyl-1-picrylhydrazyl (DPPH)

Different concentration of algal extract (0.20, 0.40 0.60, 0.80 and 1.0 mg/mL) were tested for antioxidant activity by the DPPH method. One mL of 0.003 g DPPH in 50 mL methanol were mixed to 1.0 mL algal extracts and incubated for 30 minutes at room temperature, the DPPH-related absorbance values were determined spectrophotometrically at 517 nm using an Unico UV-2000 spectrophotometer. The antioxidant capacity was calculated according to the following equation:

$$\text{Antioxidant activity \%} = \frac{B-S}{B} * 100$$

(S) Absorbance of sample and (B) absorbance of Blank.

2.5 Total Phenolic Content (TPHC)

A different concentration of methanol extract was examined for TPHC according to the method described by Taga et al. [18] methods. One mL of methanol extracts was mixed with 750 μL of Folin Ciocalteu's (diluted ten times) and allowed to stand for 5 then, 750 μL of 6% Na_2CO_3 was added, followed by standing in the dark for 90

min at room temperature. TPHC was measured spectrophotometrically at 720 nm. The concentration was determined using tannic acid standard curve.

2.6 Assessment of Antitumor Activities against EAC *In vitro*

Ehrlich Ascites Carcinoma (EAC) was purchased from the National Cancer Institute, Cairo University, Egypt. Different concentrations of methanol extracts of *A. oryzae*, *C. marchica* and *S. platensis* were examined for antitumor activities against (EAC) by trypan blue method of Freshney, [19].

The percentage of non-viable cells was calculated according to the following equation:

$$\text{Percentage of reduction} = (\text{non-viable cells} \times 100) / \text{total cells}$$

2.7 Gas Chromatography–Mass Spectrometry (GC/MS)

Methanol extracts *S. platensis* were analysed according to El Sheekh and Hamouda [20].

2.8 Statistical Analysis

Results were expressed as means \pm SEM. Statistical analysis was performed by ANOVA plus Duncan's multiple range test. Significant differences between the means of parameters (LSD) were carried out using SPSS software.

3. RESULTS AND DISCUSSION

3.1 Antioxidant Activity *In vitro* Assessed by the DPPH Method

Fig. 1 denoted that the blue green algae had antioxidant activity. Methanol extracts of cyanophyta (*A. oryzae* and *C. marchica* and *S. platensis*) possessed the ability to scavenge DPPH substantially in a concentration-dependent fashion. *S. platensis* methanol extracts had the most efficient scavenging capacity, followed by methanol extracts of *A. oryzae* and *C. marchica*, respectively. The highest concentrations of methanol extracts of algae possessed the highest scavenging activity against DPPH. The results indicated that the radical scavenging ability of *S. platensis* methanol extracts may result in significant antioxidant effects. *S. platensis* biomass had high antioxidant activity

supporting its use as nutritional supplement [21]. *S. platensis* water extracts had high antioxidant capacity [22]. Results indicated that methanol extracts of *A. oryzae* had antioxidant activity up to 36% according to concentrations of extract. Methanolic extract of the *Anabaena variabilis* caused reductions of DPPH radical scavenging activity at 16% [23]. *Spirulina* biomass contains phycobiliproteins, phycocyanin and allophycocyanin, which have antioxidant properties [24].

3.2 TPHC of Blue Green Algae

Phenolic contents have antioxidant properties and relevant biological characteristics. Phenolic compounds such as tannic, rutin and gallic acid gave high antioxidant capacity [25]. The results of Figs. 1 and 2 indicated that there is basically a positive relationship between antioxidant activity and TPHC. In particular, the highest TPHC of *Spirulina platensis* was related to its highest antiradical-antioxidant capacity. *S. platensis* had more phenolic content, followed by *A. oryzae* and *Calothrix marchica*, respectively. The highest TPHC of *Spirulina platensis* related to the algal samples rich in antioxidant capacity [26]. Islam et al. [27] reported that phenolic compounds found in algae have various health-promoting functions in humans. *Spirulina platensis* contained significant amounts of phenolics compounds [28]. Wu et al. [29] indicated that *Spirulina* had five times higher amounts of phenolic contents compared to *Chlorella*. *Spirulina platensis* deserves special attention due to its importance as human food and the associated *in vitro* and/or *in vivo* antioxidant potential [13].

3.3 Antitumor Activities against Ehrlich Ascites Carcinoma (EAC) *In vitro*

Various concentrations (200, 400, 600, 800, 1000 $\mu\text{g/mL}$) of methanol extracts of *S. platensis*, *A. oryzae* and *C. marchica* were investigated against EAC *in vitro*. The results in Table 1 and Fig. 3 indicated that *S. platensis*, *A. oryzae* and *C. marchica* inhibited EAC proliferation. The *S. platensis* showed more antiproliferative effects against EAC than *A. oryzae* and *C. marchica*, respectively. The maximum percentage of EAC inhibition was 89%, 69%, and 61%, respectively, with 1000 $\mu\text{g/mL}$ *S. platensis*, *A. oryzae* and *C. marchica*. Doleyres and Lacroix [30] reported that cyanobacteria have provided beneficial physiological effects on human health, such

as antitumor activity, immune modulating bioactivity and antimutagen capacity. Mirada et al. [31] reported that some types of cancer were inhibited by algal extracts. Abu Zaid et al. [22]

showed that water extracts of *S. platensis* had antiproliferative properties in human colon carcinoma cells and hepatocellular carcinoma cells.

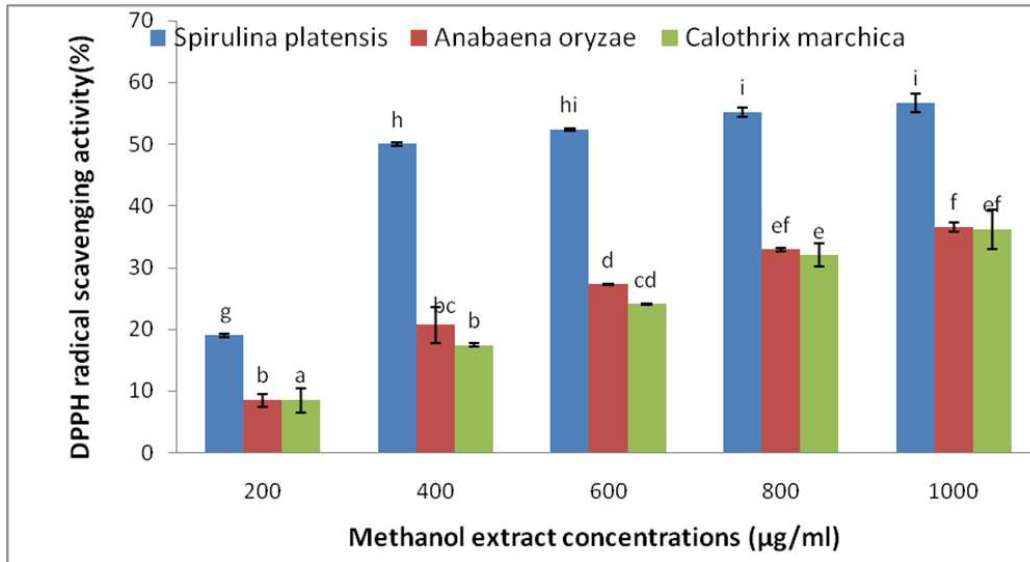


Fig. 1. Antioxidant activity of methanol extracts ($\mu\text{g/mL}^{-1}$) of blue green algae (*S. platensis*, *A. oryzae* and *C. marchica*) determined by DPPH
 The same letter(s) are not significantly different according to Duncan's multiple range test Bars represent means \pm SEM of three independent experiments

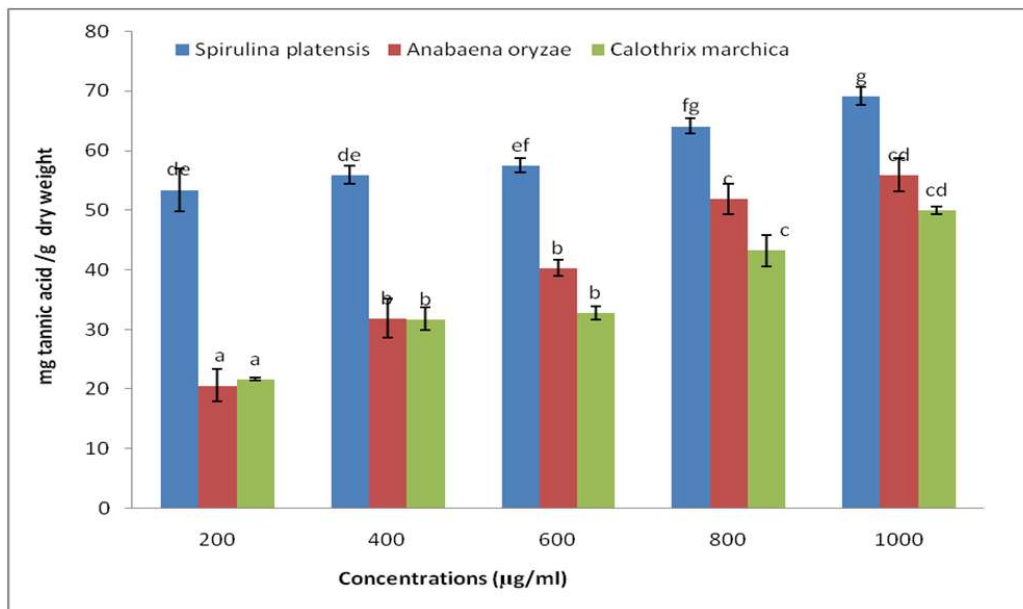


Fig. 2. Total phenolic in different concentrations of methanol extracts ($\mu\text{g/mL}$) of tested blue green algae (*S. platensis*, *A. oryzae* and *C. marchica*). Bars are standard error
 The same letter(s) are not significantly different according to Duncan's multiple range tests. Bars represent means \pm SEM of three independent experiments

Table 1. *In vitro* cytotoxic effect of different methanol extracts concentrations of *Anabaena oryzae*, *Calothrix marchica*, and *Spirulina platensis* on the viability of EAC

Concentrations $\mu\text{g/ml}$	<i>Anabaena oryzae</i>	<i>Calothrix marchica</i>	<i>Spirulina platensis</i>
Percentage of reduction (non viable cells)			
200	4 \pm 0 a	3 \pm 0.75a	5 \pm 0.75a
400	20 \pm 0.57b	18 \pm 0.57b	25 \pm 0.57c
600	35 \pm 1 d	28 \pm 1.15e	40 \pm 1.15f
800	60 \pm 1.15 g	55 \pm 4.48h	71 \pm 1.15i
1000	69 \pm 2.33h	61 \pm 1.7i	89 \pm 1.45j

Data represent means \pm SEM of three independent experiments. The same letter(s) are not significantly different according to Duncan's multiple range test

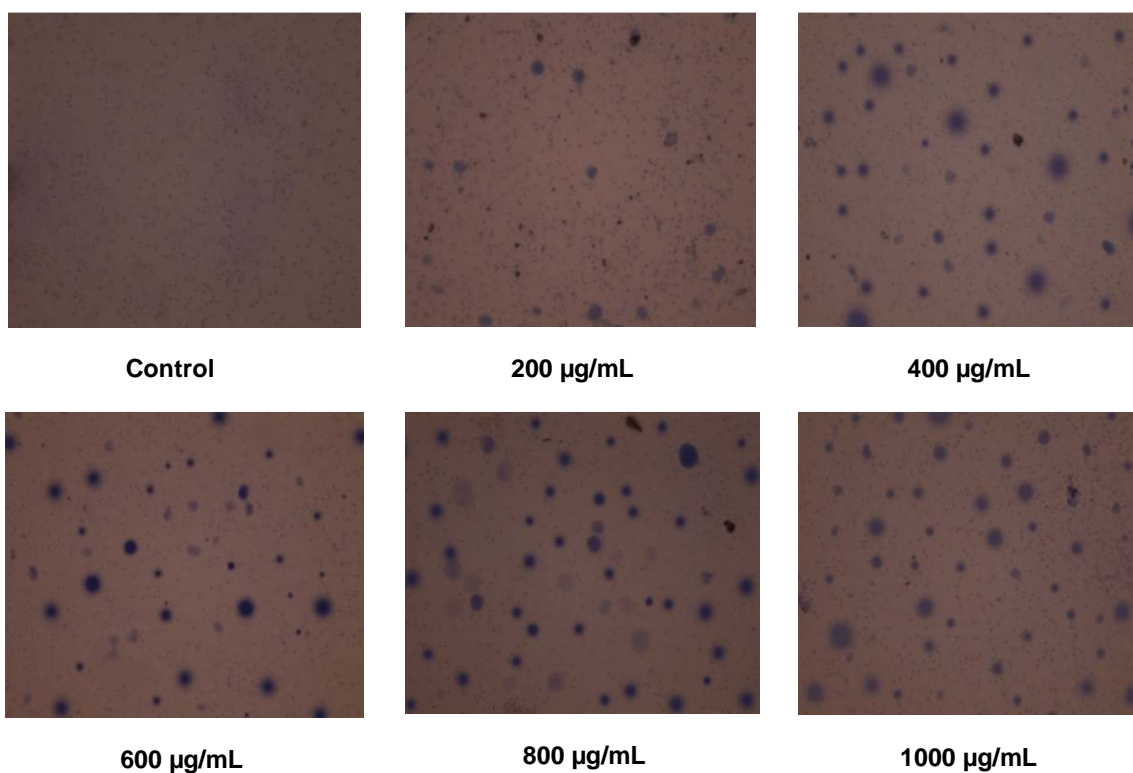
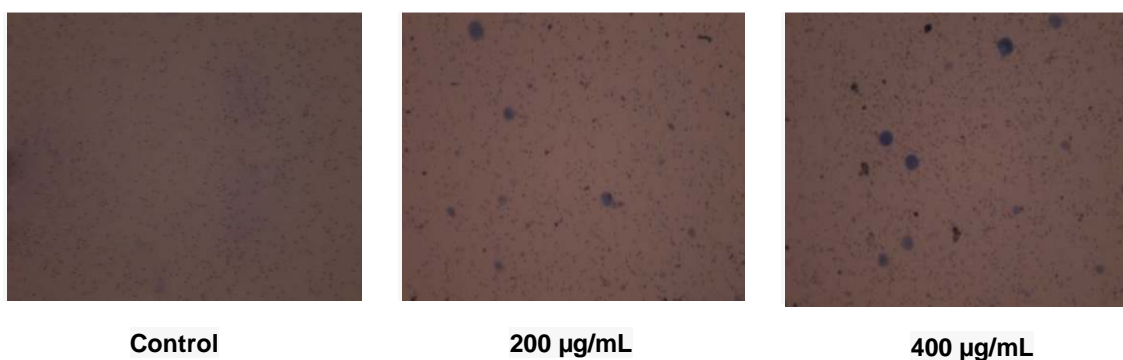


Fig. 3a. Cytotoxic effect of *Spirulina platensis* methanol extracts against EAC cells



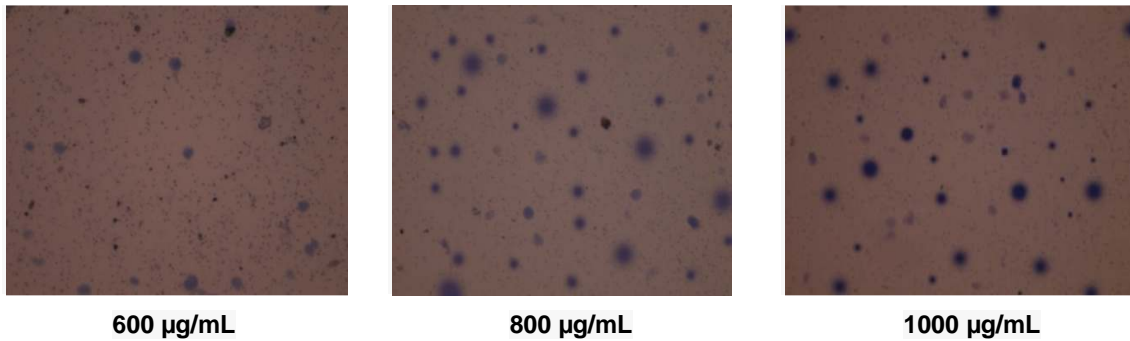


Fig. 3b. Cytotoxic effect of *Anabaena oryzae* methanol extracts against EAC cells

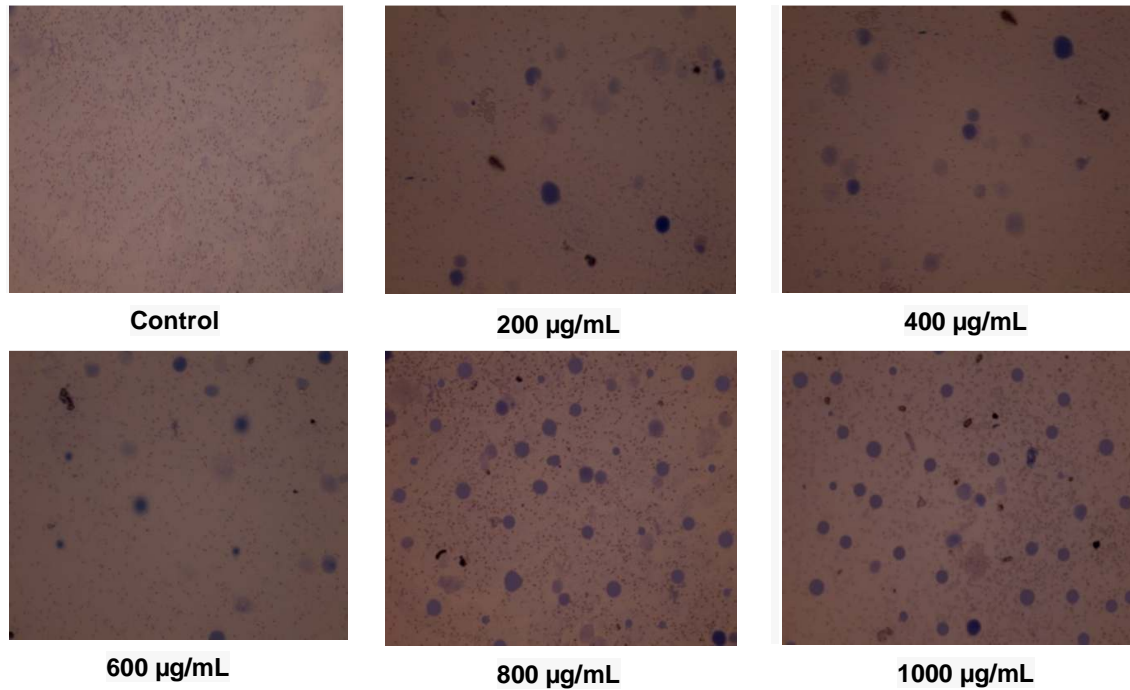


Fig. 3c. Cytotoxic effect of *Calothrix marchica* methanol extracts against EAC cells

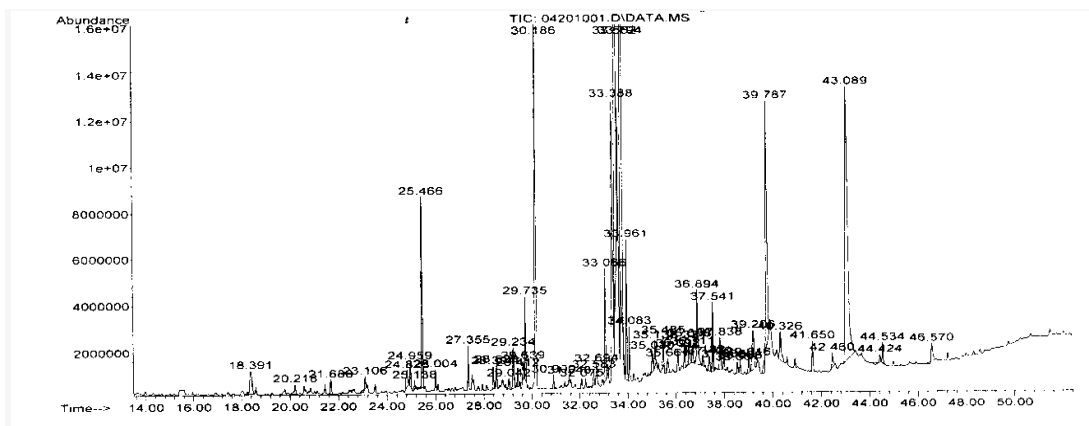


Fig. 4. GC/MS profiles of *Spirulina platensis* methanol extracts

Table 2. Major chemical composition of *S. platensis* methanol extracts

Compounds	Chemical formula	Retention time (R.T)	Area%
Heptadecane	CH ₃ (CH ₂) ₁₅ CH ₃	25.468	3.83
Hexadecene	CH ₃ (CH ₂) ₁₃ CH=CH ₂	29.233	1.03
Hexadecenoic acids methyl ester	C ₁₇ H ₃₄ O ₂	29.734,30.184	11.76
Gamma linolenic acids methyl ester	C ₁₉ H ₃₂ O ₂	33.070	2.43
8,11 octadecadienoic acid methyl ester (omega 6)	C ₁₉ H ₃₄ O ₂	33.384	6.11
Octadecenoic acid methyl ester	C ₁₉ H ₃₄ O ₂	33.562	13.81
Oleic acids(omega 9)			
2-Hexadecenol	C ₁₆ H ₃₄ O	33.792	13.39
Octadecanoic methyl ester	C ₁₉ H ₃₄ O ₂	33.961	2.68
Cyclopentanone	C ₅ H ₈ O	34.080	1.07
2(3H)-Furanone	C ₄ H ₆ O ₃	36.890	2.15
Octadecenoic acid methyl ester	C ₁₉ H ₃₆ O ₂	39.785	6.6
Oleic acids(omega 9)			
9-Octadecenoic acid	C ₁₈ H ₃₄ O ₂	43.087	13.8

3.4 GC/MS Analysis of *Spirulina platensis* Methanol Extracts

Table 2 and Fig. 4 denote that there are thirteen major components in the chemical composition of methanol extracts of *S. platensis*. Chemical components are represented by octadecenoic acid methyl ester (ω - 9), 9-octadecenoic acid, 2-hexadecenol, hexadecenoic acids methyl ester, 8,11 octadecadienoic acid methyl ester (omega 6), heptadecane, octadecanoic methyl ester, gamma linolenic acids methyl ester, 2(3H)-furanone and cyclopentanone. One of the major component of *S. platensis* was heptadecane that possesses antioxidant properties [32,33]. Percentage area of hexadecene was 1.03 at retention time 29.233. Kumar et al. [34] reported that acetone extracts of *Spirulina platensis* contain hexadecene and had antibacterial activity. The area of hexadecenoic acids methyl ester is 11.76 of *S. platensis* methanol extracts that possesses antibacterial, antioxidants and antitumour properties [35]. Gamma linolenic acids methyl ester extracted from *S. platensis* had cytotoxic activity against human lung carcinoma cell lines [36]. *S. platensis* also contains unsaturated fats such as omega 6 and omega 9 which play a noticeable role in human health [37].

4. CONCLUSION

S. platensis is the best alga with anticancer activity against EAC *in vitro*. There are thirteen major compounds present in *S. platensis* methanol extracts according to GC/MS analysis. The highest content of alga was octadecenoic acid methyl ester (oleic acids, ω - 9) which

represents 20.41% of total content of methanol extract.

CONSENT

It is not applicable.

ETHICAL APPROVAL

It is not applicable.

COMPETING INTERESTS

Authors have declared that no competing interests exist.

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